	台灣足球發展聯賽 倒數計時表	
	Official Countdown	
時間 Time	活動/工作內容 Activity Description/Task	備註 Note
-1h30'	裁判員及競賽官員抵達	
	Arrival of Referees and Match Officials	
-1h10'	隊伍最晚抵達時間	
	Latest Teams arrival	
-55	提交先發名單、檢錄	
	Official Start List produced and check	
-50'	雙方守門員及球員暖身開始	
	Warm-up for Goalkeepers and Outfield Players	
-15'	暖身結束,雙方回到休息室	
	Warm-up session ends. Teams return to respective dressing room	
-15'	場邊攝影媒體進入指定區域	
	Media Officer to secure photographers at the Technical Area	
-10'	替補球員及隊職員進入場邊技術區	
	Substitute Players and Officials to be on the Bench	
-9'	裁判員進行球員背號、裝備檢查	
	Referees check the Players' No. and players' equipment in the tunnel	
-0'	用賽	
	Kick off	